

Loma Linda University

## TheScholarsRepository@LLU: Digital Archive of Research, Scholarship & Creative Works

---

TODAY

Loma Linda University Publications

---

1-11-1989

# TODAY - January 11, 1989

Loma Linda University Health

Follow this and additional works at: <http://scholarsrepository.llu.edu/today>

---

### Recommended Citation

Loma Linda University Health, "TODAY - January 11, 1989" (1989). *TODAY*.  
<http://scholarsrepository.llu.edu/today/150>

This Newsletter is brought to you for free and open access by the Loma Linda University Publications at TheScholarsRepository@LLU: Digital Archive of Research, Scholarship & Creative Works. It has been accepted for inclusion in TODAY by an authorized administrator of TheScholarsRepository@LLU: Digital Archive of Research, Scholarship & Creative Works. For more information, please contact [scholarsrepository@llu.edu](mailto:scholarsrepository@llu.edu).

JAN 13 1989

## Mission Emphasis Week planned for week of January 16 - 20

Mission Emphasis Week at Loma Linda University will include a visit by Leo Ranzolin, General Conference associate secretary, from January 17 to 20. Students, faculty, and others who are interested in overseas mission service are invited to see him.

Appointments can be made through the General Conference representatives office located in Griggs Hall on the Loma Linda campus, 824-4563, or the chaplain's office at La Sierra, 785-2081.

Pastor Ranzolin, who graduated from La Sierra College in 1958, is originally from Brazil. Since his conversion to Seventh-day

Adventism from the Catholic church at the age of 14, he has become an ordained SDA minister, and served the church in the Parana and South Brazil Union Conferences in Brazil, as well as in the General Conference at Washington, DC.



Pastor Ranzolin

## LLU to host college advisors at pre-professional update conference

Advisors of pre-professional students from 11 North American Seventh-day Adventist college campuses will participate in a workshop on the Loma Linda campus from January 27 to 31.

Presented by the Schools of Allied Health Professions, Dentistry, Medicine, Public Health, and the Graduate School, the conference is designed to provide the advisors with up-to-date in-

formation on the nature of the various programs offered by these five schools, the best preparation for acceptance into their programs, career opportunities in the professions, and other helpful guidance.

The 19 advisors scheduled to participate in this year's workshop are as follows: Andrews University — John Pangman and Bill Chobotar; Atlantic Union College — Gerald Wasmer; Canadian Union College — Don Abbey; Columbia Union College — Betty Howard; La Sierra campus — Marvella Beyer, Roy Kryger, Iris Landa and Leland Wilson; Oakwood College — Anthony Paul and Eva Rivers; Pacific Union College — Earl Aagaard and Ken Millard; Southern College — Steve Nyirady and Marcy Woolsey; Southwestern Adventist College — Arthur Chadwick; Union College — Carol Wheeler; and Walla Walla College — Curtis Kuhlman and Ralph Perrin. In addition to these, advisors from a number of Adventist academies will participate.

Please turn to page 5



The New England Youth Ensemble and the Atlantic Union Collegiate Chorale will present a concert for the Calimesa Community Concert Series, at Calimesa SDA Church, 4th and Myrtlewood, Calimesa, on Saturday, January 14, 7:30 p.m. The Ensemble consists of versatile young performers whose average age is approximately 17, a number of whom are first prize winners in various competitions. The orchestra has appeared throughout the United States, Europe, and — most recently — Australia. Under the direction of Dr. Virginia-Gene Rittenhouse, this group of talented teenage musicians is dedicated to the cause of great music. Reserved seating at \$5 per person is now available for the January 14 concert by sending remittance and a stamped self-addressed envelope to P.O. Box 647, Calimesa, CA 92320. For more information, call 795-9741. Seating is on a first come basis.

## New bronchoscope helps to save life



Richard Sheldon, MD, associate professor of medicine, shows a patient, Donna Jorgensen, the bronchoscope that was used with a laser probe to help save her life. Elizabeth Lethbridge (center, rear), president of the LLUMC Volunteer Service League, looks on. Money to purchase the bronchoscope was donated by the Volunteer Service League.

A specially designed Dumon-Harrell rigid bronchoscope purchased with money donated by LLUMC's Volunteer Service League in 1987 saved the life of a young mother a few months ago.

Donna Jorgensen learned in February, 1987, that she had adenocystic adenoma, a rare lung cancer. Two weeks later, in March, her right lung was removed at St. Joseph's Hospital in Orange.

Irradiation in the months following surgery caused scar tissue to form that eventually blocked the left main stem bronchus (which leads into the left lung). This ultimately caused her great difficulty in breathing.

Mrs. Jorgensen, then 31, was near death when Richard Sheldon, MD, director of baromedicine and professor of

medicine, pulmonary and intensive care medicine, performed a laser fulguration on her in late July, 1988.

"She probably would have been dead within a day if the procedure hadn't been done," Dr. Sheldon says.

Inserting the specially designed bronchoscope into Mrs. Jorgensen's airway through her mouth, Dr. Sheldon put a Nd:YAG laser probe — which also has an aiming light — through the bronchoscope down to within approximately one-quarter inch of the scar tissue.

"The opening in her airway was only one-eighth inch in diameter, rather than the one-quarter to one-half inch that it should have been at that location," says Dr. Sheldon.

Using one-half-second pulses (beams of energy) of the laser to

vaporize scar tissue, he was able to open up the passageway so that Mrs. Jorgensen could breathe easily.

She says that she was scared before she went into surgery. "But after they did it, I felt wonderful," she exclaims.

Since that time, she has been back to LLUMC three times to have the procedure repeated to get rid of more scar tissue. The most recent time was just before Christmas, when Dale J. Wilms, MD, assistant professor of medicine, performed the laser fulguration, in Dr. Sheldon's absence. (Drs. Sheldon and Wilms are the only physicians at LLUMC that perform this procedure.) Mrs. Jorgensen was able to go home again on Christmas Day.

The first surgery of this type  
Please turn to page 8



# Support group for young adult cancer patients meets on Tuesdays

"Transitions," a support group for young adults between the approximate ages of 16 and 40 who have cancer, meets on Tuesdays from 7 p.m. to 9 p.m. at Loma Linda Pain Control and Health Support Services, 25455 Barton Road, Suite 106A, Loma Linda. The group also is open to young adults with other chronic illnesses. The sessions are free.

"Our emphasis is on emotional support," says Tracy J. Covington, PhD, clinical director for "Transitions," which is affiliated with Loma Linda University Medical Center. "Our approach reflects our view that patients are part of their own treatment team. We encourage them to become active participants in their own healing process."

Young adults confronted with a diagnosis of cancer or other life-threatening illness may experience feelings of fear, isolation, and hopelessness. Their social and family relationships may have become difficult, and the thought of a promising future may seem threatened.

"Life-impact issues for younger adults are different from those facing older persons," Dr. Covington points out. "Young adults are concerned about careers, or

whether they can have children, or whether — because of heavy medical expenses — they will be able to afford to buy a home.

"Another big problem that these patients face," she states, "is the feeling of loss of control of their lives. We allow the patients to work on their reactions to having cancer. Focusing on the whole environment is important to recovery or to coping with the illness and thus having an improved quality of life."

The atmosphere at "Transitions" allows the young adults to

share their experiences, feelings, hopes, and fears. "Transitions" helps them to:

- develop their emotional support systems;
- enhance their coping skills to deal with anger and loss of control;
- reduce and manage stress;
- deal with pain management and depression;
- network with other young adults with cancer;
- improve their interpersonal and family communication;
- clarify issues related to iden-

tity and intimacy.

Thus, along with providing a support network, "Transitions" helps group members to develop inner resources to manage their emotional reactions to their illness. This inner development can play a key part in their recovery and quality of life by enabling their minds and bodies to work together.

Scientists are beginning to find evidence of the interrelationship of mind and body and how this interrelationship affects a person's health, Dr. Covington states.

"We are not trying to supplant medicine," says Dr. Covington; "this is in conjunction with medicine. We teach people ways to react more appropriately to their illness."

In addition to Dr. Covington as clinical director, the "Transitions" team consists of Heidi Loren, OTR, resource and program coordinator; and Monica Neumann, MD, medical advisor.

Persons interested in more information may call Loma Linda Pain Control and Health Support Services at (714) 796-0231.

## Female subjects needed for research project

Female subjects are needed for a research project examining the effects of exercise on weight loss. The study, scheduled for January 29 through May 21, will be conducted at Loma Linda University by School of Public Health researchers.

The project consists of a 15-week supervised exercise program, including a brisk, 45-minute-per-day walk, five days a week. Sophisticated testing will be conducted on all subjects. These tests include blood cholesterol and lipid analysis, computerized diet analysis, three treadmill EKGs and underwater weighing for body fat composition.

All tests will be free for the research participants. Day care will be provided during the exercise sessions. Subject qualifications include: females, 25 to 45 years of age, 15 to 50 pounds above ideal body weight, not currently on a serious exercise program or a reducing diet.

To sign up for this project, please call the School of Public Health, department of health science, at 824-4994. Office hours are Monday through Thursday, 9 a.m. to 5 p.m.; Friday, 9 a.m. to 2 p.m.; and Tuesday and Thursday evenings from 6 to 9.

Loma Linda Employees...

## The time to find out if your present insurance could replace your home after a fire...isn't after the fire.

With Nationwide you can get full replacement coverage... without paying much more than you are paying for partial protection now.

You know how much inflation has caused prices to soar. But did you know that building costs have risen even higher — and faster — than most other costs?

Most likely, the amount you insured your home for when you bought it, simply will not cover its replacement cost, if you have to rebuild after a fire.

**Now is the time to re-evaluate...and increase...your coverage.**

With Nationwide's Homeowner's Plan you can afford full replacement coverage, because it probably won't cost you much more than you're paying for partial protection now.

The "reason why" is simple: Nationwide's rates are up to 25% less than Standard Bureau rates for the insurance industry.

That means with Nationwide you could get thousands of dollars more coverage... complete coverage... for your biggest single lifetime investment.

**How can an established insurance company, like Nationwide, offer such savings?**

Because we sell insurance directly through the mail or over the phone. Naturally, this saves us sales and administrative costs. We pass these savings on to our policyholders.

**Even more ways to save!**

The truth is, the less the risk to us, the more we save in claims. So, we can offer additional savings up to 15% to:

- Homeowners who install an improved burglar or fire alarm and maintain it properly.
- Owners of homes less than seven years old.

**Does saving money mean sacrificing service?**

Not with Nationwide! In fact, for the past 60 years we have been known for our fast, courteous claims service. Just call toll-free, seven days a week—24 hours a day.



and school employee associations in the west, have endorsed Nationwide's Homeowner's Plan. They discovered how Nationwide can offer more. Shouldn't you?

Don't wait for a disaster to find out how much insurance you should have had. Find out today. Mail in the coupon below, or call:

Orange ..... 937-7811

Elsewhere  
Toll Free ..... 1-800-854-2793

Nationwide® is a federal service mark of Nationwide Mutual Insurance Company.

### Exclusive payroll deduction plan

Something else you'll like. As a Loma Linda employee, you can arrange to have your premiums automatically deducted from your pay. So you won't have to worry about mailing checks and due dates. Or we can bill you or your mortgage holder directly. (You're free to choose your insurer no matter who holds your mortgage.)

Find out how much you can save. Fill in the coupon below and mail it today, or call the number shown to get your quote even sooner.

*Loma Linda is concerned about your security. That's why they, and 15 other state*

### Good news for renters and condominium owners, too!

Yes! Nationwide *does* offer lower rates for renter's, condominium, and townhouse insurance, too!

A Nationwide Tenants Policy gives you complete protection for your furnishings and personal belongings in case of fire, theft and damage... it even covers liability claims. The same is true if you own a condominium or townhouse.

Just fill out the coupon below and check the appropriate box. Mail it today, or call us to receive your exact rate quotation.



P.O. BOX 8927 PORTLAND, OR 97208  
Nationwide® Mutual Insurance Company and Affiliated Companies  
Home Office: Columbus, Ohio Regional Office: Portland, Oregon

I'm interested in your money saving ☐ Homeowner's ☐ Renter's  
☐ Condominium protection plan.

I want to insure my home for its present value of: \_\_\_\_\_

Name \_\_\_\_\_

Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_

Home phone \_\_\_\_\_

Business phone \_\_\_\_\_

167X10



# WeCare Benefits Fair explains LLUMC employee benefits

The health plans are changing; which one is better? Can I ever use sick leave as paid leave? I'm getting a raise this year; how should I invest my money? TSA, FSA — what's the difference?

These were some of the many questions raised and answered at the fifth annual WeCare Benefits Fair held Thursday, December 15, 1988. The festivities, sponsored by the human resource management department, were designed to inform LLUMC employees about the benefits of working at the Medical Center. It was also an opportunity for learning about investment and insurance options that could save money as well as reduce taxes.

The benefits fair was held outdoors next to the Schuman Pavilion. Thursday was a white Christmas, Southern California style, with lots of rain. Christmas carols boomed through speakers draped with plastic. A prevailing brisk wind lifted the circus tents, occasionally blowing down display boards. The weather wasn't cooperative, but the out-of-doors was the best way the majority of employees could enjoy the fair. An estimated 3,000 employees attended the fair this year, in spite of the rain, reports John Weber, compensation and benefits analyst for LLUMC personnel.

Three different investment and insurance companies were on hand to explain in detail, investment and savings plans. The Loma Linda Center for Health Promotion was there to remind employees the number of programs they have to offer to help improve their health and their waist lines.

LLUMC plan representatives explained the new changes in the health plan; and the employee health service reminded people with free apples, a video and a quiz, of the importance of avoiding needle sticks, and safer ways of working with patients with communicable diseases.

The benefits department explained the advantages of signing up for a flexible spending account that pays for non-covered medical expenses and child care, and gives employees a tax break.

Employees with five years of service at the Medical Center were able to pick up their gold

service pins. Computerized service records were distributed, giving employees a comprehensive look at where they worked and how much time is officially listed. This information is especially important when employees choose to retire.

The benefits quiz, one of last year's highlights, was even bigger this year. Quiz cards with five sets of questions were passed out and more than 786 employees took the quiz. Stubs from corrected quizzes were placed in a large fishbowl. Drawings took place every 15 minutes with the winner being able to step up to a wheel of fortune to discover what he or she had won. More than 764 employees brought their red cards, previously mailed to them in with their paychecks, and were entered in drawings held on the hour for other valuable gifts.

More than just providing a good time, the WeCare Benefits Fair was designed to demonstrate that the Medical Center is concerned about its employees. Carefully selecting some of the best investment and insurance companies and bringing them together at one time allows employees a choice.

Fifty-two merchants and three insurance companies contributed some valuable prizes and services — from cookies to cleaning certificates to cash — helping to make the fair a real success. The Medical Center and the 119 winning recipients are grateful for their generosity.

## Allied health adds six new audio motivational tapes to learning center

The learning assistance center in the School of Allied Health Professions has recently purchased a motivational six-tape audio series entitled "The Inner Winner," by Denis E. Waitley, PhD.

Subjects covered include the power of self-talk, magic in the music, being the best, today's my day, go for the goal, time to win, the excellence habit, mind over money, free to be, getting strong now, the love exchange, and moments to treasure.

Any allied health students interested in checking out the series should contact Jeanine in room 1605, Nichol Hall.



The La Sierra Collegiate Church Community Center was aided considerably in their annual food basket distribution to the needy this year by the Cub Scouts. The Scouts collected food and distributed items to several community aid agencies, bringing hundreds of pounds of canned and dried food to the Community Center. Pictured, La Verne Hill, Center director, and helpers sort out food for the 75 Thanksgiving and Christmas baskets which were distributed.

# You don't need your parents' money to buy a Macintosh.



## Just their signature.

It's never been difficult for students to convince their parents of the need for a Macintosh™ computer at school.

Persuading them to write the check, however, is another thing altogether.

Which is why Apple created the Student Loan-to-Own Program. An ingenious loan program that makes buying a Macintosh as easy as using one.

Simply pick up an application at the location listed below, or call 800-831-LOAN. All your parents need to do is fill it out, sign it, and

send it. If they qualify, they'll receive a check for you in just a few weeks.

There's no collateral. No need to prove financial hardship. No application fee.

Best of all, the loan payments can be spread over as many as 10 years.

Which gives you and your parents plenty of time to decide just who pays for it all.



Introducing Apple's Student Loan-to-Own Program

Microcomputer Services

Contact Arthur Walls  
Director, LLU Microcomputer Services  
785-2218 or 824-4129



© 1988 Apple Computer, Inc. Apple, the Apple logo, and Macintosh are registered trademarks of Apple Computer, Inc.



WELLS FARGO BANK

24-HOUR CUSTOMER SERVICE  
714-978-2230

- MORTGAGES
- CREDIT LINES
- AUTO LOANS
- BUSINESS LOANS
- BUSINESS CHECKING
- RETIREMENT PLANS

793-2951  
2 E CITRUS, REDLANDS



# 16-week old infant receives new heart after 11 week wait

At 16 weeks of age, one of Loma Linda's own — Baby Kelsi Savik — received a heart transplant at Loma Linda University Medical Center on December 22, after waiting for 11 weeks to receive a donor heart.

The infant's family lives in Loma Linda, and — more than that — Baby Kelsi's mother,

Marla, 35, is a registered nurse who works in labor and delivery at LLUMC. The baby's father, Glenn, 31, is a fireman with the City of Loma Linda. Marla has a son, Jeremy, 11, by a previous marriage.

Baby Kelsi, born August 29 at the Medical Center, was diagnosed at 5½ weeks of age as having

multiple heart defects, one of which was lethal.

After the infant's surgery, her parents saw her as she was being wheeled down the hall to her room and were impressed with the change in her color.

"She was pink," says her mother, "not a bluish hue."

The Saviks consider their daughter to be a fighter — she survived for four months with the serious heart defects before receiving a new heart.

"We're optimistic about Kelsi," her father says.

At last report — 12 days after surgery — Baby Kelsi's condition had been upgraded to good.

As of January 2, three more

babies had received heart transplants since Kelsi received hers. That brings to 31 the number of infants under six months of age who have received heart transplants at LLUMC between November, 1985, and January 2, 1989.

The first, Eddie Anguiano — known as Baby Moses at the time — received his new heart on

November 20, 1985, at four days of age. He celebrated his third birthday this past November and is an active little boy.

Five infant-heart transplants were performed in 1986, five in 1987, 19 in 1988, and one (at the time of this writing) in 1989.

Of the 31, 27 survive. The survival rate for those transplanted in 1988 is 95 percent.

## Dermatology section plans Friday morning lecture series

You are invited to join the School of Medicine section of dermatology for a series of interesting lectures presented in dermatology grand rounds. Every Friday from 8 to 9 a.m. a lecture or cases and discussion will be presented in Schuman Pavilion, A-level, room 605-A. The meetings will be preceded by pastries and juice at 7:45 a.m.

The schedule for January: January 11 — (note that this session meets on Wednesday, 1 to 4 p.m., LLUMC lobby-level amphitheater) "Hair Symposium, Diagnosis and Management of Hair Disorders," presented by Thomas Hoffman, MD, and Abel Torres, MD, assistant professors of medicine; and Ingrid Trenkle,

MD, and Nancy Wilms, MD, assistant professors of medicine / pediatrics.

January 13 — "Basic Immunology Review, Part I," by William Eby, MD, PhD, assistant professor of pathology, and chief of immunology.

January 20 — "Photoaging: An Overview of Pathophysiologic Changes, Prevention, and Treatment," by Peter Elias, MD, professor and vice chairman of dermatology, UCSF School of Medicine.

January 27 — "Patient Presentations, Unusual or Difficult Cases," a series of cases where patients will be presented in person and discussed.

## Better Weigh program offered through CHP

The Center for Health Promotion is now offering The Better Weigh, a program for longterm weight loss.

The Better Weigh helps you get started on exercise, improve your nutrition, and learn how to change compulsive eating behaviors.

Classes meet two hours per week for 10 weeks with on-going follow-up. Room is still available in the evening class, beginning January 12. Classes are scheduled throughout the year. Call 824-4594 for more information.

**RESEARCH INFORMATION**  
Largest Library of Information in U.S. - all subjects  
Order Catalog Today with Visa/MC or COD  
**ORDERING HOT LINE 213-477-8226**  
Or, rush \$2.00 to: Research Information  
11322 Idaho Ave. #206-A, Los Angeles, CA 90025

## Loma Linda Academy receives "showcase" award for '88 yearbook

Loma Linda Academy has just received the "Showcase Award" from Herff Jones of Marceline, Missouri, a national school yearbook publishing company for the academy's 1988 *Lomasphere*.

The award specified the excellence in theme development as reason for the award. The theme "A Touch of Class" was consistently worked in to all the sections of the book.

Diane Bradley, chairman of the math department, was faculty sponsor of the yearbook; and Lisa Rosaasen and Ligia Cimpoeu were co-editors.

Says Doug Herrmann, high school principal, "We are very pleased to receive this honor. It is rather uncommon for a private school to receive the Showcase Award in this national competition, although this is the third time Loma Linda Academy has been a recipient — the other two times being 1984 and 1985. We are proud to see our students and faculty strive for excellence in all their endeavors."

## Loma Linda Lopers fitness clinic begins training session in February

The Loma Linda Lopers running, walking, jogging, and fitness clinic gets under way Sunday, February 5, at 7 a.m. in Gentry Gymnasium.

The clinic is open to everyone in the University and the community who wish to start a fitness program. The Lopers cater to all levels of fitness, with a structured program that allows the beginner to achieve his or her goal up to and including the full marathon of 26 miles 385 yards.

For the advanced runner the club has members who have completed 100 milers, 72 milers, and 50 milers; these members will be happy to work with individuals if "ultras" are desired.

The clinic is a motivational tool that will help individuals stick to long range goals; and provides fellowship with individuals of all ages who are working to achieve their goal.

A group of Lopers went to Hawaii and ran or walked the Honolulu Marathon on December 11, 1988. Every Loper that entered finished! Club members believe that this speaks well for the 1988 clinic director and the self-discipline of all the participants who found the Loper clinic the means by which they achieved individual goals.

The Loma Linda Lopers 1989 fitness clinic starts February 5 at 7 a.m. in Gentry Gym.

## Winter concert vespers series announced by La Sierra SDA church

Winter Concert Vesper Series will be presented in the La Sierra Collegiate Seventh-day Adventist Church at 4:30 p.m. on the following dates: January 21, January 28, and February 11.

The concerts will feature the Loma Linda University department of music. The University Singers, conducted by Don Thurber, PhD, associate professor of music, will perform January 21; Jeffry Kaatz, chairman of the department of music, will present the University Orchestra on January 28; and February 11 will feature the University Symphonic Band, conducted by Bill Chunestudy, assistant professor of music.

 "Where is the nearest motel to stay?"

**NEW MANAGEMENT! NEW OWNERSHIP!**  
Enjoy clean and comfortable rooms at

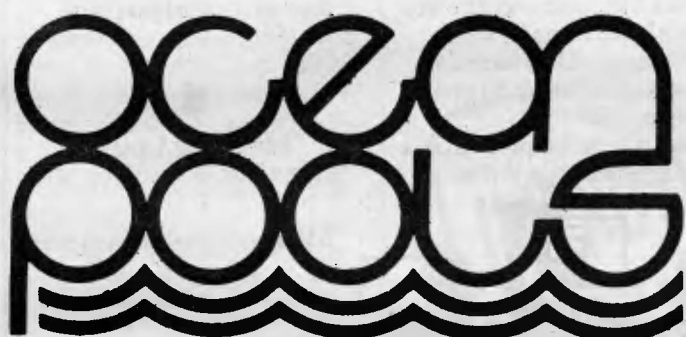
  **LOMA LINDA MOTEL**

- Two blocks to Loma Linda University & Medical Center
- Direct bus to VA hospital & shopping center

**24532 UNIVERSITY AVE., LOMA LINDA**  
**FOR RESERVATION: (714) 796-0134**

Student rate is also available (ID required)

The swimming pool built for pleasure and beauty by



OF CALIFORNIA, INC.

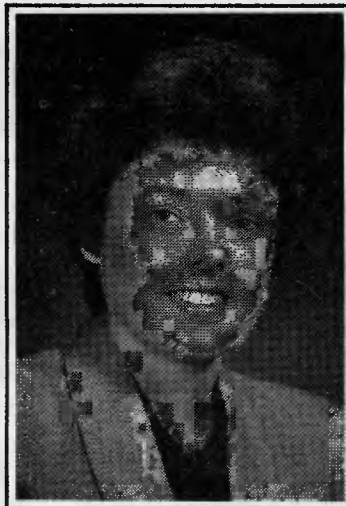
The Custom Pool and Spa Builder

24913 Redlands Blvd.

Loma Linda

**796-7946 or 825-1758**

Free Estimate



Realty World — Dave Sevel Realty, Inc., is happy to present to Loma Linda, Donna Testerman. Donna and her husband, Jim, and their two sons chose Loma Linda as their home after coming back from a mission term in Kenya two years ago.

Donna is a thorough, productive and knowledgeable agent and we encourage the community of Loma Linda to call on her for their real estate needs.

**Donna Testerman**

**Realty World — Dave Sevel Realty**

**Office: 793-3346 Home (evenings): 796-4997**



# MC social service worker retires

After more than 18 years with the social work department at Loma Linda University Medical Center, Lottie A. Holt, MSW, LCSW, retired at the end of December.

Mrs. Holt had been an administrative supervisor for the pediatric, neonatal, and obstetric social workers, and a clinical social worker on the neonatal intensive care unit at the Medical Center. She also was a lecturer for the bachelor of social work (BSW) program at Loma Linda University.

In her honor, the social work department hosted a retirement dinner on December 7 at the Sheraton Riverside's Regency Room. Approximately 50 people attended, including coworkers from the department; some past and current personnel from the units she worked on; several parishioners of the Kansas Avenue Seventh-day Adventist

Church, where she is a member; and some of her former colleagues at the Riverside County Child Protective Services.

Adding special touches to the evening, Alisha Lee, owner of a studio, displayed African art in the Regency Room, and Steven Alexander, a friend of one of Mrs. Holt's grandsons, played background music on the synthesizer.

Ric Henry, director of the social work department, welcomed the guests and served as master of ceremonies. Mrs. Holt's daughter, Lynor Jackson, gave a life sketch of her mother, and a number of people told anecdotes of their remembrances of Mrs. Holt.

Leslie Pollard, pastor of the Kansas Avenue Seventh-day Adventist Church, presented a silver tray to her on behalf of the church, and William Easterbrook, LLUMC vice president, gave her a plaque and a check from the Medical Center.

Speaking for Unit 3300, Linda Gibson, RN, head nurse, expressed the unit's appreciation for Mrs. Holt's work with them. Then, on behalf of the social work department, Dolores Cornejo, pediatric oncology social worker, recognized Mrs. Holt's years of work with the department and presented her with a camera and cash.

Mrs. Holt was born in Riverside, California, and attended grammar school and high school there. She then enrolled at Riverside Junior College (now Riverside Community College), from which she graduated in 1942.

After working part time and at-

tending Riverside Community College part time for a year, she entered Hampton Institute in Virginia. She graduated in 1945 with a bachelor of science degree in general studies.

For the next 18½ years, Mrs. Holt held civil-service positions as clerk-typist and receptionist in various military institutions around the country. In 1965 she went back to school full time, attending San Diego State University. She graduated in 1967 with a master of social work (MSW) degree.

For several years, she worked as a social worker for the Riverside County Welfare Department, where she became a supervisor in Child Protective Services.

Mrs. Holt joined the social work department at Loma Linda University Medical Center in 1970.

"Lottie will be missed," says Ric Henry. "Anywhere you went in the hospital, everyone knew Lottie. No one ever said a bad word about her. She was quiet — and always there."

"There is no other way to describe Lottie but as the kindest and most patient person who worked in the Medical Center," he states. "In her calm and quiet manner, she always was able to



Lottie Holt, MSW, receives a plaque from William Easterbrook, LLUMC vice president, who presented it and a check on behalf of the Medical Center at a retirement dinner at the Sheraton Riverside hosted by the social work department. Mrs. Holt had been with LLUMC for more than 18 years.

diffuse the most difficult situations, even with very upset and anxious families of patients."

Although she says that her body hasn't adjusted yet to retirement — she still wakes up at the same time that she has every morning for years — Mrs. Holt does have a few plans now that

she has retired.

"I'd like to take some fun classes," she says, "and travel, if money permits. I'd also like to do some gardening."

In addition, she is involved in her church and in the lives of her daughter and her grandsons, Kobie, 17, and Kelley, 14.

## 'Disarming Diabetes' planned for January 16

"Disarming Diabetes," a comprehensive program to help persons with self-management of diabetes, will be presented at Loma Linda Diabetes Center on January 16, 17, and 18, from 8:30 a.m. to 4:30 p.m., with a follow-up class on Thursday, January 26, from 2 p.m. to 5 p.m.

The diabetic remains under the care of his or her personal physician.

Preregistration is required. Interested persons should call (714) 824-4783 or 1 (800) 233-4901 immediately.

## University library announces availability of the D. Glenn Hilts Scholarship award

Maynard Lowry, director of the Loma Linda University libraries, is pleased to announce the availability of the D. Glenn Hilts Scholarship. The purpose of this scholarship is to recognize excellence in scholarship and to encourage individuals with leadership potential to enter the field of SDA librarianship.

Dr. Hilts, a pioneer in becoming a fully-qualified professional Seventh-day Adventist academic librarian, worked during his career in the libraries at Union,

Atlantic Union, and La Sierra Colleges. He was also a pathfinder in the development of research tools designed to make research of Adventist materials easier.

Seventh-day Adventist graduate students in library and information science are eligible to apply for this scholarship, which is awarded through the Associa-

tion of Seventh-day Adventist Librarians (ASDAL). The scholarship is in the amount of \$1,000.

Please direct inquiries and requests for applications to ASDAL, Union College Library, Lincoln, Nebraska 68506. All documents in the application process must be received by April 15, 1989.

Having served the community we live in for over a quarter of a century, we provide professional and personalized service in all aspects of real estate.

LILLIAN V. MILLER, Realtor & Associates

UNIVERSITY REALTY, INC.



11156 Anderson, Loma Linda, California 92354  
(714) 796-0156 or (714) 825-3143



Ben and Margie White

LOMA LINDA MINI MAIDS

Janitorial Services

Residential, Commercial, and New Construction Sites

Free Estimates  
Bonded

(714) 796-9355

## Pre-professional...

Continued from page 1

The advisors will meet with representative professional students from their respective campuses on Sunday evening, January 29. Dinner, provided in the campus cafeteria by the University, will allow time for informal consultation between the students and advisors.

Students in the five professional schools involved who wish to participate in this conversation are invited to sign their names on the designated sheet in the office of their school dean immediately. As the number of participants must be limited, priority will be given to the earliest respondents.

LLU Student Association presents

Facing the second century:  
the 1888 message and end-time events

featuring Robert Wieland and Donald Short,  
co-authors of 1888 Reexamined

January 27 Burden Hall; 7:30 p.m.  
January 28 Randall Visitors Center; 11 a.m.  
January 28 Burden Hall; 2 p.m. to 8 p.m.  
January 29 Burden Hall; 8 a.m. to noon

Students, faculty, community, and friends  
are invited to attend. For more information,  
please call 796-8781.



# La Sierra student assistance programs outlined

Several programs are offered on the La Sierra campus which offer assistance to students, reports Lynn Mayer, director of developmental education on the La Sierra campus.

These programs include the retention program, developmental education program, learning resource center, "gateway to college," and several mentoring programs.

The retention program is a process which is carefully designed to include efforts from all areas of campus life: academic, social, financial, and spiritual. The primary concern is to improve the quality of campus life.

Input from administration, faculty and staff help to clarify the goals of the University. Present and future activities serve to generate significant improvements in the University. This will ultimately serve to improve student retention. These activities reflect the purpose and mission as a University. A few of the programs are described here.

The developmental education program has four distinct phases. The advisement phase begins with the identification of incoming high-risk freshman as determined by low test scores and/or a low high school GPA. These students are given the opportunity to complete any required remedial classes before fall quarter by attending the "gateway to college" (explained below) summer program. Special advisement of these students continues until they matriculate into regular collegiate classes.

The monitoring phase of the program includes an extensive, intrusive process of tracking the student's program to ensure academic progress. This involves an early warning system which encourages the teachers to refer students who are having difficulty.

Marvella Beyer, assistant to the dean, College of Arts and Sciences, and Robert M. Ford, Jr., associate professor of business and management, School of Business and Management, follow through with the academic probation students. Lynn Mayer works with the freshmen.

The learning resource center is designed to help learners learn more, in less time, with greater ease. It is targeted for any student, faculty, or staff member of the La Sierra campus.

Services offered include a) basic study skills assistance, b) diagnostic testing, c) mini-workshops, d) individual academic skills counseling, and e) content area study skills assistance. Included in the mini-workshops are topics such as writing, taking exams, reading, time-management, note-taking, and other non-academic topics.

Supervised by a coordinator, with help from School of Education graduate students and other upper-division students, the center is available as a place where all students can come for resource material on how to best study for a particular subject. The center is also available for teacher use for such activities as homework or other required activities that they deem appropriate for their students.

The "gateway to college" summer-entry program started this last September with 53 students taking advantage of the early start to do needed remedial

classwork. Classes were offered in reading improvement, introduction to composition, introductory algebra, intermediate algebra, and personal study skills. This program lasts for four weeks prior to fall quarter.

The program gives students the opportunity to get familiar with the campus resources and adjust to the academic rigors of college. All but three of the students in the recent program returned to La Sierra campus this fall. Response from students was positive, and plans are being made for a larger group next summer.

The first three weeks of a

quarter are most crucial, Ms. Mayer says. If a student does not connect with a significant person on campus, he is more likely to drop out of school. Thus, LLU has been working on the creation of mentoring programs, which provide assistance and support on a regular basis to students.

The Hispanic mentor program, under the direction of Iris Landa, assistant to the dean of students, began two years ago. The attrition rate among Hispanic students dropped significantly last year, with 80 students participating in the program. This year, preparation is being made

for approximately 100 students.

Hispanic faculty and support personnel act as mentors for Hispanic students in the program. Each student meets with his or her mentor on a regular basis throughout the quarter. The mentors provide emotional and academic help for the students who feel they have a place to turn for nurture, advice, or support.

A similar program, the black mentor program, is in place this fall for black students. David H. Dudley, PhD, director of the counseling center, reports that

Please turn to page 8

## University and Hospital Employees Get 4 Important TAX BREAKS

when you participate in

### THE SALARY REDUCTION TAX SHELTERED ANNUITY

- No Federal Taxes Withheld
- No State Taxes Withheld
- Tax-Free Compounding of your account until money is withdrawn
- Tax-Free loans from a tax sheltered annuity.

#### IMPORTANT ADVANTAGES . . .

- 1) You own and control your account
- 2) You may stop your program ANYTIME
- 3) You may WITHDRAW money
- 4) You may change your investment goal: anytime.
- 5) Complete review of your account anytime.

#### PROFESSIONALLY MANAGED PROGRAMS . . .

- 1) High Interest Account
- 2) Variable Investment Accounts For:
  - Growth-Capital Appreciation
  - Income Plus Appreciation
  - Capital Preservation — Money Market

Choose 1 or more investments with flexibility to switch your account.

**YOU MAY NOW BORROW MONEY FROM TAX SHELTERED ANNUITIES  
WITHOUT PAYING TAXES.**

PLEASE RETURN THE ATTACHED CARD FOR MORE INFORMATION  
**ZAHORIK CO., INC., 251 S. LAKE AVE., PASADENA, CA. 91101**

**YES!**

- ☐ I am interested in knowing more about a tax sheltered annuity program.
- ☐ IRA Plans
- ☐ TSA Loan Plan
- ☐ I have a tax sheltered annuity and would like a comparison with a modern updated TSA plan.



NAME \_\_\_\_\_  
ADDRESS \_\_\_\_\_  
CITY \_\_\_\_\_ STATE \_\_\_\_\_  
PHONE (       ) \_\_\_\_\_ ZIP \_\_\_\_\_  
EMPLOYER \_\_\_\_\_ WORKSITE \_\_\_\_\_  
BEST TIME TO CALL \_\_\_\_\_





Dennis Ceithamer (left), former director of LLUMC's housekeeping department, is presented a plaque by Ron Anderson, senior vice president and chief operating officer, on behalf of the Medical Center, while Chris Boskind, vice president for plant administration, looks on. Mr. Ceithamer also received a check. The presentations were made in appreciation for Mr. Ceithamer's 12 years of work at the Medical Center.

## Former LLUMC housekeeping department director presented with plaque and check

Dennis Ceithamer, director of Loma Linda University Medical Center's housekeeping department from the spring of 1983 to mid-August, 1988, recently was presented with a plaque and a check by Ron Anderson, senior vice president and chief operating officer; and Chris Boskind, vice president for plant administration.

On behalf of LLUMC administration, both Mr. Anderson and Mr. Boskind expressed ap-

preciation to Mr. Ceithamer for his work at the Medical Center.

"I really enjoyed working here at the hospital," Mr. Ceithamer stated. "I've appreciated all the associations I've had over the years with employees and with patients."

Mr. Ceithamer came to LLUMC in July, 1976, to work in the dispatch department, where he became a supervisor. In February, 1981, he joined the housekeeping department as assistant director. In the spring of 1983, he became the director, a position that he held until the summer of 1988.

At that time, he became part of the transition team working at the Medical Center with NMI Management Services, the firm that contracted to provide housekeeping services for LLUMC. NMI has contracts with 28 hospitals or other health-care facilities nationwide.

Mr. Ceithamer is now director of training for NMI Management Services and has an office in Mountain View Plaza.

## Healthy postmenopausal women needed for LLU estrogen study

Healthy postmenopausal women are needed for a study of estrogen replacement therapy to be conducted at LLUMC. The study will investigate the effects of various dosage regimens on bleeding patterns in an effort to reduce bleeding associated with estrogen replacement during menopause.

Sponsored by Ortho Pharmaceutical Corporation, this study will be headed by David J. Baylink, MD, distinguished professor of medicine, and Marilyn Herber, MD, obstetrician and gynecologist on the School of Medicine faculty.

Estrogen replacement therapy is an accepted medical practice which reduces or eliminates symptoms associated with the menopause and prevents bone loss. However, in the past it has been associated with stimulation of endometrial growth, leading to hyperplasia and bleeding.

Recent studies have shown that the addition of progestin to the estrogen regimen may reduce the risk of endometrial hyperplasia and uterine cancer. Because progestins may also improve the symptoms of menopause, smaller doses of estrogen may be used.

The primary aim of this study is to evaluate patient acceptance, bleeding patterns and effect on the uterus in continuous and interrupted regimens of nortinodrone (progestin) plus estropipate (estrogen) compared to estrogen alone. Information derived from this study will help physicians treat menopausal symptoms with greater safety.

Women participating in this study should be 40 years or older, have a uterus, need hormone replacement therapy for menopausal symptoms, and be in relatively good health.

Participation in the study will continue for one year. During this time each patient will receive — at no cost to them — two complete physical examinations, a mammogram, gynecological examination, and four complete laboratory profiles including cholesterol testing.

Women wishing to participate in this study may phone for information, Jan Craig, research coordinator, LLUMC, 824-0800, ext. 3699.

Next  
TODAY  
January 15

### ALASKA

See Alaska! Summer 1989! Enjoy the Inland Passage aboard the luxurious SS Rotterdam. Leave Vancouver July 30. See Ketchikan, Juneau, Sitka, Hubbard and Columbia glaciers, Valdez, Seward and Anchorage. A trip never to be forgotten! \$1888-2588 including air fare. Hosts: Dr. and Mrs. Charles Mitchell (714) 354-0680 or call Gloria at Travel Unlimited (714) 683-1890.

### Summer School in Jerusalem at the SDA Jerusalem Center

June 20 to August 6

Instructor: Ron Springett, PhD  
Department of Religion, Southern College

Courses: Ancient World - 4 quarter hours  
Acts of the Apostles - 4 quarter hours  
Tour of the Holy Land - 4 quarter hours

Includes tours to all parts of Israel and a tour to Egypt.  
Credit conferred by your home college.

For information and reservations, write: Biblical Research  
Institute, General Conference of SDA, 6840 Eastern  
Avenue NW, Washington, DC 20012

#### Representatives from AHS/NEMA set for campus visit - January 9 - 10, 1989

Representatives from Adventist Health System/North, Eastern and Middle America will be on campus Monday through Tuesday, January 9 - 10, 1989. We will be happy to discuss opportunities available in the Atlantic, Columbia, Lake, and Mid-America Union Conference territories.

#### Interview locations:

<b>Medical Lounge:</b>	Monday & Tuesday 9:00 a.m. - 5:00 p.m.	January 9 & 10
<b>Dental Lounge:</b>	Monday & Tuesday 9:00 a.m. - 5:00 p.m.	January 9 & 10
<b>School of Health &amp; Allied Health:</b>	Monday & Tuesday 9:00 a.m. - 5:00 p.m.	January 9 & 10

A list of the states included in the AHS/NEMA territory within the Atlantic, Columbia, Lake and Mid-America Unions follows:

#### Atlantic Union

Connecticut, Maine, Massachusetts, New Hampshire, New York, Rhode Island and Vermont & Bermuda

#### Columbia Union

Delaware, Maryland, New Jersey, Ohio, Pennsylvania, Virginia, West Virginia, and the District of Columbia

#### Lake Union

Illinois, Indiana, Michigan and Wisconsin

#### Mid-America Union

Colorado, Iowa, Kansas, Minnesota, Missouri, Nebraska, North & South Dakota, Wyoming and San Juan County in New Mexico

You will be able to obtain opportunity/employment information about the following hospitals:

Battle Creek Adventist Hospital	Beech Hill Hospital	Chippewa Valley Hospital
Fuller Memorial Hospital	Glen Oaks Medical Center	Hackettstown Community Hospital
Hadley Memorial Hospital	Hinsdale Hospital	Karlstad Memorial Hospital
Kettering Medical Center	Leland Memorial Hospital	Moberly Regional Medical Center
New England Memorial Hospital	N.W. Kansas Reg. Med. Cntr.	Parkview Memorial Hospital
Pipestone County Medical Center	Platte Valley Medical Cntr.	Porter Memorial Hospital
Reading Rehabilitation Hospital	Sedgwick County Hospital	Shady Grove Adventist Hospital
Shawnee Mission Medical Center	S. Big Horn Co. Hospital	Tri-County Community Hospital
Washington Adventist Hospital		

Additional information about this visit may be obtained from the University Relations Office in the basement of Burden Hall, extension 4526.



# FACULTY NOTES

• **William G. Britt, III, PhD**, assistant professor of psychiatry in the School of Medicine, has had a paper entitled "God's Holiness and Humanity's Self-Esteem" published in the most recent issue of the *Journal of Psychology and Theology*.

• **Mark G. Haviland, PhD**, assistant professor of psychiatry; **James P. MacMurray, PhD**, associate professor of psychiatry; and **Michael A. Cummings, MD**, instructor of psychiatry, have had a paper entitled "The Relationship between Alexithymia and Depressive Symptoms in a Sample of Newly Abstinent Alcoholic Inpatients" published in the October 1988 issue of *Psychotherapy and Psychosomatics*.

• **Mickey Ask, MD**, department of internal medicine, presented a paper at the annual Association for Medical Education and Research in Substance Abuse meetings in Rockville, Maryland, this past November. The paper described how the quality assurance process was an effective means of education in regards to alcoholism and addiction. The paper also demonstrated how the presentation of the results of QA studies influenced behavior changes in the referral patterns of physicians in regards to addicted patients and recovery programs. This study is part of an ongoing process at the LLU School of Medicine designed to enhance physicians awareness of addiction in their patients and influence physicians ability to effectively manage addiction.

The University research committee announces awards of LLU seed money to the following investigators, based on 20 competitive proposals received in response to the committee's November 1, 1988, request for proposals:

• **Gary E. Fraser, MD, PhD**, professor of epidemiology, School of Public Health, "Evaluation of Health Volunteer Bias in the Adventist Health Study."

• **Ronald D. Graybill, PhD**, associate professor of history, College of Arts and Sciences, "Development and Editing Guidelines for and Samples of a Scholarly Edition of the Papers of Ellen G. White."

• **K.-H. William Lau, PhD**, assistant research professor of medicine and biochemistry, School of Medicine, "Purification of and Determination of the Primary Sequence of an Osteoclastic Tartrate-Resistant Band 5b Acid Phosphatase."

• **Thomas A. Linkhart, PhD**, associate professor of biochemistry and pediatrics, School of Medicine, "Isolation of 1,25(OH)<sub>2</sub> Vitamin D<sub>3</sub> Induced Unique Messenger RNA in Osteoblast-like TE-85 Cells."

• **Lawrence D. Longo, MD**, professor of physiology and gynecology and obstetrics, "Ornithine Decarboxylase Activity in the Fetal and Newborn Rat, and Its Response to Hypoxia."

• **John W. Morgan, DrPH**, assistant professor of epidemiology, School of Public Health, "Assessment of Relationship between Diet and Intestinal Cell Proliferation in Humans."

• **William J. Pearce, PhD**, assistant professor of physiology, School of Medicine, "Effects of Hypoxia on Calcium Uptake in Lamb Cerebral Arteries."

• **Philip J. Roos, PhD**, assistant professor of physiology and medicine, School of Medicine, "Regional Modulation of Elastin Structure During Development."

• **Joseph R. Thompson, MD**, professor of radiology, School of Medicine, "Assessment of Cerebral Function and Perfusion by EEG and Xenon CT in Children with Elevated Intracranial Pressure Treated with Hyperventilation."

• **Won K. Yoon, PhD**, professor of sociology, College of Arts and Sciences, "The Minority Policies of China and Japan: A Comparative Study of Two Korean Communities."

• **Abel Aganbegyan**, chief economic advisor to Mikhail Gorbachev, was the keynote speaker at the Price Waterhouse Workshop on Trading and Investing in the Soviet Union, which **George Selivanoff, PhD**, professor of economics and international business, attended just prior to Gorbachev's U.S. visit. The Soviet Ministry of Finance and the Institute of Foreign Economic Relations, who presented the senior level workshop, asked American entrepreneurs to come to Chicago where the meeting was held. There they discovered the possibilities of initiating a business venture in the Soviet Union. According to Dr. Selivanoff, who is a professional consultant in the area of economics, the crux of the meeting was that the Soviets are anxious to learn American business methods. "They are inviting businesses as well as educational institutions to help in training their executives and students," he explained.

• The new undergraduate coordinator for the department of biology is **Linda Kelln**, assistant professor of biology. In addition to teaching eight labs, three lectures, and a freshman seminar each week, Mrs. Kelln has many other varied duties. These have included planning the University Experience program for the biology department, making advisors aware of students' academic concerns, nominating students for awards, helping to recruit new faculty members, and planning the redecoration of Palmer Hall.

• Newly arrived from Walla Walla College and pleased to be here is **Joseph Galusha, PhD**, graduate coordinator and professor in the department of biology on the La Sierra campus. Dr. Galusha has already begun implementing plans to upgrade the graduate program. "I think we can significantly increase the opportunities for students within the next two years," he says.

First, Dr. Galusha plans to visit several of the biotechnological firms in the southern California area to find out the background and expertise required of new employees. He will then try to design courses to meet these requirements and arrange co-op internships for La Sierra students. Dr. Galusha feels students should attend and participate in formal scientific meetings. His second plan for the graduate program is to provide money for the students to attend these meetings and present papers. Dr. Galusha hopes this will give students a better look at what is going on in their field and the chance to participate while they are still in school. The third part of Dr. Galusha's plan is to increase interaction between students and faculty. One of his ideas is to offer graduate seminars where students can make presentations to other students and faculty. He also plans to initiate activities so that students and faculty can interact outside of the classroom. Dr. Galusha believes that these changes can be integrated into the graduate program within the next two years.

## Research Week

January 23 — January 27

The next issue of TODAY will feature the research activities of LLU's ten schools in celebration of the annual Loma Linda University Research Week.

Held this year from January 23 to 27, Research Week will highlight the research of faculty and students, and will offer special displays and events in several Schools.

## Bronchoscope saves life...

Continued from page 1  
performed at LLUMC took place in 1983, when it still was considered experimental.

"We have done approximately 130 since then," Dr. Sheldon states, "and it is no longer considered experimental."

He, along with others, is preparing a scientific paper on the results of these surgeries.

The rigid bronchoscope used during these procedures on Mrs. Jorgensen — and on others at LLUMC since 1987 — is superior to a flexible scope for laser work in the tracheo-bronchial tree. For this reason, Dr. Sheldon submitted a request to the Volunteer Service League early in 1987 for a rigid bronchoscope.

Each year, physicians and departments submit to the league their proposals for equipment, and the league's board decides where their money will be allocated. In 1987, Dr. Sheldon's request was one of those granted, and of the nearly \$135,000 that the league allocated to projects at the Medical Center that year, \$21,000 was given to the respiratory care department to purchase the rigid bronchoscope.

After recently seeing for the first time the bronchoscope that had been used on her, Mrs. Jorgensen said, with great feeling, "It saved my life. And Dr. Sheldon and Dr. Wilms — the things they've done for me — I just love those guys. The whole staff has been wonderful."

Mrs. Jorgensen and her hus-

band, Darryl, 37, have a daughter, Erika, 5, and a son, Jonathan, 2½. As Mrs. Jorgensen's health deteriorated during the first half of 1988 because of her breathing problems, she became especially concerned about her family and their welfare if anything should happen to her.

She realizes that she has been given a second chance at life because of the laser fulgurations she has received.

"Now I can be mommy!" she declares.

## TODAY

Volume 2, Number 1

Editor-in-chief: W. Augustus Cheatham

Managing editors: Waldena Gaede  
Richard Weismeyer

Advertising manager: Michelle Kosier

Correspondents:

Kimberly Cortner  
College of Arts and Sciences  
School of Business and Management  
School of Education  
Sheila Elwin  
School of Allied Health Professions  
School of Dentistry  
School of Nursing

Patti Guthrie  
Graduate School  
School of Public Health  
School of Religion  
Joyce McClintock  
School of Medicine  
Loma Linda University Medical Center  
Adventist Health System / Loma Linda

TODAY is a nonprofit news publication of Loma Linda University, Loma Linda University Medical Center, and Adventist Health System / Loma Linda, operated under the auspices of the General Conference of Seventh-day Adventists.

Advertising accepted for publication in TODAY is intended to be a service to the students, staff, employees, and faculty of all three entities.

The management, at its sole discretion, reserves the right to refuse, without explanation, any advertisement. The acceptance of advertising in this publication does not represent an endorsement or guarantee of any kind by Loma Linda University, Loma Linda University Medical Center, or Adventist Health System / Loma Linda.

Questions about advertising, circulation, and subscriptions should be directed to TODAY, Burden Hall, Loma Linda University, Loma Linda, CA 92350. Phone (714) 824-4526.

## Assistance programs...

Continued from page 6  
there are approximately 75 students currently involved.

These are just a sample of the programs being offered. "It is our belief that we need to provide a conducive academic, social, and spiritual environment for the maximum success of our students," says Ms. Mayer. "Loma Linda University is committed to providing opportunities for students to fulfill their potential as children of God."